

15TH MAY 2022
PSALM 139
COURTNEY PATTEN

Welcome

Dates for your Diary:

Pre-Service Prayer 9:30-9:45am Church Office	EACH SUNDAY
Monthly Prayer Gathering CBC Auditorium	TODAY 3PM
Kids & Youth Families Picnic BBQ –West Epping Park	22/5 12PM
Quarterly Church Business Meeting	5/6 3PM

English Service in-person & Livestreamed at 10am:
Access via our website
www.carlingford-baptist.org

This week we will be looking into the issue of mental health. Understandably, topics like this can be somewhat uncomfortable to discuss, but with about 3.4 million Australians seeking professional help for their mental health between 2020 and 2021, it is clearly an important matter to be aware of. Psalm 139 paints a beautiful picture of God's involvement in our lives as individuals from the time of our conception and beyond. This psalm shows us that God is always with us, even in the midst of a broken world, and that he cares for us as his beloved creations – that he cares about our struggles, including our issues with mental health. If God is concerned for us, and by extension about our mental health, then it makes sense that we also ought to take seriously our part in caring for our own mental health and the mental health of those we know. While there are a number of steps we can take to do so, what is of primary importance is that we remember that mental illness does not define us, or those around us who struggle with it. Our identity is in Christ, and Christ tells us that we are loved.

Blessings,
Courtney.

May Mission Month –

Power to Change (Shayne and Melissa Hamilton)

One of the school's workers shared about a conversation with a student at Bible Study, not every student who attends is a Christian or even an understanding of God. Meeting for Bible Study straight after a school day means the conversations are often around fresh news. This time the students were talking about their subject selections for their senior years.

"Matthew" was frustrated. He'd missed out on a few of his preferences, including his number one choice. As we talked about this, I asked Matthew if he knew what he wanted to do after school. To him, there was too much choice, and he was worried that he would regret whatever decision he made. Then Matthew asked me if I had to choose between keeping my free will or letting someone else have total control of my life, which would I choose? I answered that it would come down to who is taking control. Do they have my best interests at heart? We discussed the idea that God gives us a similar invitation, but he is perfect and knows us better than we know ourselves. This invitation isn't about becoming less of ourselves, but more fully who God intended us to be, and we always have a choice to follow him or not. Matthew considers himself an atheist but was interested in learning about what his friends believed. He asks the most thought-provoking questions.

Name changed for confidentiality. Excerpt from the April Newsletter available on the Mission Board in the foyer.



Ministry team

Senior Pastor-Interim: Sid Grindley
Korean Pastor: David Choi
Mandarin Pastor—Interim: Arthur Chan
Children's Ministry Worker: Emma Ridley
Youth & Young Adults Worker-Interim: David Chang

Business Manager: Kim Poon 9872 3022
businessmanager@carlingford-baptist.org
Compliance/Church Secretary: Ian Read
Office Administrator: Karon Linder 9872 3022
office@carlingford-baptist.org

Church News

Prayer Gathering Today at 3pm in the CBC Auditorium

Everyone is invited to come and pray for CBC as the Elders & Church Council formally receive the Church Health Check Report and Recommendations this coming Monday. We will also be praying for the Pastoral Search Team as they commence the search for a new Senior Pastor over coming weeks. Both these items have been a long time coming and we want to humbly seek God's wisdom and guidance as this exciting stage in CBC's new future commences.



Prayer focus for May

As well as our prayer focus about opportunities to share our faith in Christ and missions this May it is an important month also for the Pastoral Selection Committee. Can you please be remembering in prayer the Committee as the members meet with representatives of the Baptist Association this month and as they look to finalise the background about our church and the role. We can be asking God to help over the coming months to lead the Committee to identify the person he has in His plan to be called as Pastor. We can also be praying for God to prepare that person and each of us for His future scheme for his church at Carlingford.



Kids & Youth Families Picnic BBQ

Sunday 22nd May 12pm

West Epping Park—Dent St, Epping

Come along for fun, food and get to know our families and leaders.

We'll be running a BBQ - please speak to David Chang or Emma if you can contribute. See you there!

(If wet weather, we will meet at church)



NEW GROUNDS ROSTER

If you would like to help look after the grounds at CBC put your name, contact details and availability on the roster on the noticeboard.

Average Weekly Offerings-

Dear Fellow CBC members/believers,

Here is an update on average weekly offerings:

Average weekly - Actual = \$5118

Average Weekly - Budget/Forecasted = \$5904

CBC Offerings:

Direct Deposit: Account held with Baptist Financial Services

Account Name: Carlingford Baptist Church

BSB : 704-922,A/C No: 100016526 or

Giveaway Link: Go to <https://carlingford-baptist-church.giveaway.org.au/general-offerings>



May Mission Month

This May Mission Month, CBC is collecting for Sydney Refugee Team (SRT) and Freedom to Flourish. Sydney Refugee Team seek to share the hope of Jesus with people seeking asylum and refuge living in the community in Sydney. They meet practical needs and build authentic relationships with people forcibly displaced from many different countries. Currently there is a huge need to help people recently arrived from Afghanistan. Freedom to Flourish is a ministry in partnership between SRT and other mission organisations. Freedom to Flourish supports healing and growth for people from refugee background who have experienced trauma. They offer counselling, and therapeutic craft and garden programs.

To give here are the details:

Similar to CBC's general account held with Baptist Financial Services

Account Name : Carlingford Baptist Church

BSB No.: 704-922, A/C No.: 100016526

IMPORTANT!!! Please include reference/description in deposit transaction either "SRT" or "Sydney Refugee"



FREE GOLF CLUBS ...

FREE very good set of men's golf clubs. If you are interested please contact Art Daniel.

CBC Roster

	15th May 2022	22nd May 2022
Welcomers	Colin & Patsy Lees	George & Margaret Gourlay
Prayer	David Tan	Betty Moore
Bible Reading	Joy Arnold	Don Mathewson
Offering Count	Lindsay Casey/Ken McGill	Catherine Lee/David Tan
Livestream	Don Hunt/Milton Purkiss	Mark Chan/John Dawkins
Sound	Kim Poon	Tim Ridley
AV	Melody Wong	Milton Purkiss
Morning tea	Rosalind Soon/Noorie Ng/Lucy Chua	TBC

Church Family Prayer

Anna, Albert, Jeremiah, Joshua, Benjamin & Veronica Hodgson, Don & Robyn Hunt.

Website Admin Password: admin4Carlo!